



**2025**

# **27th ANNUAL SKILLS MANITOBA COMPETITION**

## **NAIL TECHNOLOGY**

### **CONTEST SCOPE**

**CONTEST NAME:** NAIL TECHNOLOGY

**CONTEST NO:** 30

**LEVEL:** INTEGRATED

**NOTE:** 2 competitors per school, maximum 10 competitors

**CONTEST LOCATION:** RRC Polytech, Notre Dame Campus – North Gym

**CONTEST START TIME AND DURATION:**

Check-in: 7:30am **Failure to attend 8:00am orientation will lead to disqualification**

Finish: 2:00

**PURPOSE OF CHALLENGE:**

This competition aims to showcase and elevate the skills, creativity, and professionalism of nail technicians. It provides a platform for competitors to demonstrate their expertise in sculptured nail application and creative nail design. Through rigorous assessment by industry experts, this competition not only celebrates outstanding talent but also sets high standards, inspire continued education, and highlight emerging trends. Ultimately, they contribute to the advancement and recognition of the beauty and wellness industry while demonstrating professionalism and complying with occupational health and safety.

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### **Nail Technology Criteria**

Please review the attached information prior to the competition

Competitors will be judged on the following for all competitions:

Sanitation, ethics, professional dress, attitude, behavior, conduct with model, posture, technique, application, finishing and total look.

### **Skills and Knowledge to be tested**

#### **Sculptured French White Gel Extensions in a “*Stiletto*” shape**

Product application and placement of primer, white gel, builder, and topcoat. Competitor should place the form in the correct position to create strength, curvature, and balance of enhancement. Stiletto nail must be a minimum measurement of three on the aluminum form. The smile line should be even to the sidewalls with a crisp line. Application of building gel will be even, smooth and include the correct placement of apex on the nail plate. When filing the nail, competitor will not cause stress or trauma to the surrounding skin of the nail plate. \*See pg. 5

#### **Red Gel Polish Application**

Competitors are required to apply a bold red gel polish to nine fingers, leaving one ring finger unpolished. Application must include base, color, and topcoat of gel polish. The competitor will demonstrate professional application with full and even coverage to the nail plate. Clean up of red polish is not permitted.

#### **Free Hand Nail Art**

On the unpolished ring finger, the competitor will create a hand-painted nail art representation of one of these seasons—spring, summer, autumn, or winter—without any three-dimensional decorations. The design will continue from the ring finger, across the back of the hand, using any chosen art medium. All artwork must be hand painted and free from any embellishments. Competitors are responsible for supplying their own tools and materials for the freehand nail and hand design. \*See pg. 5 for example. Images may NOT be used during competition.

**EQUIPMENT, TOOLS, AND MATERIALS TO BE SUPPLIED BY COMPETITOR:**

- Manicure table (table lamp permitted), chairs with backs, small garbage can with lid
- UV/LED Lamp and 10ft. power cord
- Acetone, polish remover, alcohol, hand sanitizer, disinfecting agents for surfaces
- Implements needed to perform nail prep
- Orangewood sticks, Gibson towels
- All brushes and nail art mediums to complete Seasonal Fusion nail and hand artwork
- PPE-facial mask, eye protection, gloves, and appropriate footwear

**MATERIALS TO BE SUPPLIED BY SKILLS:**

**Gel Products to be sponsored by L'Moor. The following Light Elegance product items will be provided at the competition for competitors. \* Competitors will not be able to bring any other gel product on the competition floor for the application of artificial nails.**

Lepro Cleanser  
Aluminum Foil Forms  
Lexy File 100/180  
Lepro Cleansing Wipes  
Tack UV/LED Bonding Agent

Builder Lexy Line Gel  
Perfect White Lexy Line Gel  
Super Shiny Topcoat  
P+ Gel polish

**Rules and Requirements/Worksite Safety:**

- All competitions will take place on live models. Competitors are responsible for supplying their own model and for the well-being of their model. Models must be dressed in black.
- Competitors must provide **all** necessary equipment and supplies needed to perform the competition task.
- To ensure compliance with the rules and regulations, all models will be examined by a scrutineer at the start of each competition category. (NO PREP WORK ALLOWED).
- Models' natural nails must not be longer than number one on the paper form. No tools may be used to assist in the completion of sculptured gels.
- No competitor shall continue to work on his or her model once the competition has ended. This does not include cleaning and presentation. Once the competition has ended, an additional 5 minutes will be designated for post-service sanitation and presentation/display.
- The following are **not** allowed for the nail art competition: decals (including striping), 3D nail art, foils, stencils, stamps, nail pens, etc. Choice of tools/brushes may be used.
- Note to all Competitors: Competitors must always demonstrate safety throughout the competition and in the competition area. Competitors must wear safety equipment where applicable. Competitors must show concern for their client/model throughout the competition.
- Any infraction or violation of the competition rules will result in point penalties or disqualification according to judges and /or chairs.

**Note:** If you are in doubt about any other tools or equipment you wish to use, check with the chair of the committee prior to the competition date or at orientation

### General Competition Rules

- All competitors will attend a mandatory orientation meeting prior to the start of the competition. **8:00-8:30 am. Failure to attend the mandatory orientation will lead to disqualification.**
- All students must wear a professional uniform with no school logo on it. **See pg. 5**
- Competitors who require clarification on instruction during the contest must address their questions to a Provincial Technical Chair or designate.
- Competitors are not permitted to talk to persons who are not located within the contest area.
- During the competition, competitors are allowed to go to the restrooms, only after informing a PTC chair. Escorts to the restroom will be at the discretion of the Provincial Technical Chair or designate.
- Interpreters will be allowed to access the contest site if previous arrangements have been made with the Provincial Technical Chair or designate.
- Competitors must follow workplace safety rules and regulations as outlined during orientation. (Nail Technology competitors must have dust masks).
- Access to each contest site is reserved for the Provincial Technical chair or designates, judges, competitors, and individuals that have been granted permission from the Provincial Technical chair or designate.
- All competitors shall allow the Skills Manitoba organization to take and publish photos of those individual competitors.
- There must be a minimum of five registered competitors for each category. If there are less than five registered competitors, Skills Manitoba delegates will re-evaluate the competition.
- No competitor shall begin work until the start time is announced.
- Skills Manitoba will make every effort to accommodate contestants with special needs. Please contact the Skills Manitoba office for details.

**Note to all Competitors:** Competitors must always demonstrate safety throughout the competition and in the competition area. Competitors must wear safety equipment where applicable. Competitors must show concern for their client/model throughout the competition.

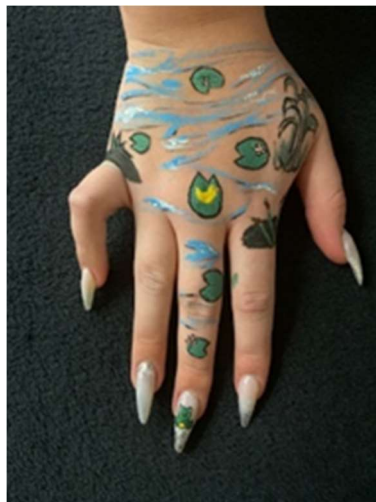
Uniform



Stiletto Nail Shape



Seasonal Fusion Nail and Hand Art- to be used as an example only. You are to create your own design.



**Skills Canada Manicure  
Consultation Form**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Are you a diabetic? \_\_\_\_\_

Pregnant? \_\_\_\_\_

Do you take blood thinners? \_\_\_\_\_

Do you take any form of Cortisone? \_\_\_\_\_

Any nail/skin fungus, warts? \_\_\_\_\_

Do you have any allergies? \_\_\_\_\_

High Blood Pressure? \_\_\_\_\_

Do you have a medical condition that would affect your immunity?

\_\_\_\_\_

Do you have any other concerns that we would need to be aware of?

\_\_\_\_\_

Do you have any Varicose Veins? \_\_\_\_\_

Allergies (\*Seaweed \*Aloe \*Nuts)? \_\_\_\_\_

Are you currently being treated by a doctor for a hand/ foot condition?

\_\_\_\_\_

If yes, please explain:

\_\_\_\_\_

Any Concerns?

\_\_\_\_\_



I have also, to the best of my knowledge, given an accurate account of my medical history, including all known allergies or prescription drugs or products I am currently ingesting or using topically. I have read and fully understand this agreement and all information detailed above. I understand the procedure and accept the risks. All my questions have been answered to my satisfaction and I consent to the terms of this agreement. I do not hold the esthetician (student), whose signature appears below, responsible for any of my conditions that were present, but not disclosed at the time of this skin care procedure, which may be affected by the treatment performed today.

I grant Skills/Compétences Canada to use photographs of my hands for promotional or educational material. I understand there will be no names associated with pictures.

Guest Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Time	Stiletto Gel Extension with French Gel
8:30-11:45	
15 minutes	<p><b>Pre-service Setup, Model is greeted &amp; seated. Consultation is performed with model. Service is explained to model.</b></p> <p>Treatment area is prepared and all equipment, products and tools to complete sculptured gel extensions with French gel. Model is greeted and seated. Consultation form is filled out with the model. Competitor verbally explains the service that is going to be performed</p>
3 minutes	Checkpoint for Judges
2.50 hours	<p><b>Sculpture Gel Extension with French Gel</b></p> <p><u>Nail Prep</u>-correctly files nails into even shape, gently pushes back and removes cuticle, gently buffs surface of nail to remove all shine and cleans nails with cleaner.</p> <p><u>Forms</u>- sits flush under natural nails' free edge from front and side view, ensures no gaps between nail and the form. Form should be carefully pinched to create even arch.</p> <p><u>Bonding Agent</u>-thin layer applied on the natural nail, not the cuticle, and cures in the light.</p> <p><u>Perfect White</u>-applies layer on the form and natural nail to a minimum of the three line on the form and cleans the white lines prior to placing in light. Smile lines will be even, crisp, symmetrical and consistent on each nail.</p> <p><u>Builder</u>- applies builder to the natural nail to create balanced C-Curve, thin around cuticles and free edge. Product thickness (apex) and arch (stress) of nail is correctly placed for the length and shape of nail.</p> <p><u>Sealant</u>-applies evenly with full coverage over the nail extension ensuring smoothness of application. Removes tacky layer to reveal shiny coat of sealant that has not flooded in the sidewalls or cuticles.</p> <p><b>Workmanship</b></p> <p><u>Filing</u>-competitor applies facial mask prior to filing, uses file following the curves of the nail, files all areas of the nail plate, does not cause friction heat on the nail plate, does not cause trauma to the surrounding skin or cuticle</p> <p><u>Finishing Work</u>-nails are shaped uniformly into stiletto form, surface of nails is smooth without etch marks, thickness and length are correct for competition, free edges are smooth, balanced and finished</p>
	<p><b>Professionalism</b></p> <p>Implements are clean and in good working condition, containers are closed when not in use, does not use fingers to remove dust, competitor does not have excessive dust on self or model, maintains organized workstation, maintains professional conduct</p> <p><u>Appearance</u>- clean professional uniform, black nonslip professional closed shoes with black socks, all hair tied back away from face and off the collar, competitor must not have jewelry and have short, manicured, non-polished nails.</p>
15 minutes	Checkpoint for Judges
10 minutes	<p><b>Client Exit Post Service Cleanup</b></p> <p>Assist model to exit Treatment area is cleaned up according to health &amp; safety</p>
2 minutes	Checkpoint for Judges



Lunch 11:45-12:15

Competitors will be provided with lunch, however models will need to bring their own snack

Time 12:15-2:05	<b>Red Polish with Seasonal Fusion to Ring Finger and Hand</b>
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15 minutes	<b>Pre-service set up. Model is greeted &amp; seated. Service is explained to model</b> Treatment area is prepared, and all equipment, products and tools are ready for gel polish, nail art for finger, and hand. Model is greeted and seated. Competitor verbally explains the service that is going to be performed
10 minutes	<b>Nail Prep</b> Buffs nail plate to remove all traces of shine, removes all dust with cleanser
35 minutes	<b>Red Gel Polish and Nail Art</b> Application of red gel polish. Create a unique free hand design for one ring finger. Choose one season - spring, summer, autumn, winter. Application of gel topcoat. Accurately represent the season chosen with precision, neatness, creativity, complexity, and use of colour for the ring finger. The steps can be applied in any sequence if it makes logical sense.
10 minutes	Checkpoint for Judges
15 minutes	<b>Hand Design</b> Create a unique design for the hand of the one ring finger with nail art, following the seasonal nail art theme.
10 minutes	Checkpoint for Judges
10 minutes	<b>Client Exit Post Service Cleanup</b> Assist model to exit Treatment area is cleaned up according to health & safety
5 minutes	Checkpoint for Judges

**L'Moor Sponsor & Training Product**

We express sincere appreciation to our esteemed sponsor, **L'Moor** for their unwavering support in enhancing the scope of the Skill Nail Technology Provincial Competition. Your commitment to excellence and innovation has played a pivotal role in elevating the standards of this event. Thank you for being instrumental in the success and growth of our shared passion for beauty and skill. Please contact sponsors to purchase products for training purposes. Check the SCC website for kit pricing details.



## 2025 Skills Manitoba Manicure Kit

HEMA-free, easy-to-apply gel nail enhancement products & supplies - responsibly manufactured by Light Elegance's family-owned business in Oregon, United States.

School Pricing: \$133.21 for base kit  
 \$373.16 for the basic kit + Light Elegance LEDDot Curing Lamp, Gen3

Product	Size	Wholesale (CAD)	School Price(CAD)	Qty
LEPro Wipes	pack of 360	21.95	4.39	1
Light Elegance Perfect File 100/180 Grit	each	0.90	0.90	10
Light Elegance Aluminum Foil Forms	roll of 300	21.95	19.76	1
Light Elegance Lexy Trial Kit	each	64.95	55.21	1
Light Elegance P+ QDbase Soak-Off Base Coat	10ml	16.95	14.95	1
Light Elegance P+ High Shine Soak-Off Top Coat	10ml	16.95	14.95	1
Light Elegance P+ Red Rover Gel Polish	10ml	16.95	14.95	1
OPTIONAL: Light Elegance LEDdot UV/LED Curing Lamp, 110V US, Gen3	each	239.95	239.95	1

### HOW TO ORDER

It's easy to place your order online at [LMoor.com](http://LMoor.com) - school discounts will be applied after check-out. Schools are also welcome to place orders by email or phone.

Online Ordering: Log-in or register for a professional account, and add the items you are ordering to your shopping cart. Complete your check-out, and we'll create a customized quote/sales order for you. New account requests require verification of professional status - please allow up to one business day for your access to be unlocked.

By Email: Email your wish list to [Orders@LMoor.com](mailto:Orders@LMoor.com). We'll create a customized quote/sales order for you.

By Phone: Call Nicole, our Client Success Manager, at 888-666-7683 ext 0. Following your call, we will create a customized quote/sales order for you.



## Provincial Competition Schedule

Location: Red River College

Notre Dame Campus – North Gym

April 10<sup>th</sup>, 2025

All large equipment may be brought into the competition area on April 9<sup>th</sup>, 2025, between 1:00 p.m. and 3:00 p.m. Once the competition has begun, no additional equipment or supplies may be brought into to assist the competitor.

Time	Event	Location
7:30-8:00	Check in and Setup	Notre Dame Campus North Gym
8:00-8:30	Mandatory Orientation	Notre Dame Campus North Gym
8:30-2:05	Competition	Notre Dame Campus North Gym
3:30-4:30	Closing ceremony and Medal Presentations	Notre Dame Campus South Gym

Skills Manitoba hosts over 40 Olympic style, industry sponsored competitions representing six sectors. These six sectors contain three different levels, which include secondary, post-secondary, and integrated (secondary and post-secondary combined). For more information regarding programming please contact Lori Royal [lorir@skillscanada.com](mailto:lorir@skillscanada.com)

Skills Manitoba is open to the public. This is a great opportunity for our industry to be viewed as a valuable and interesting career option.

**The Nail Technology Competition is only performed at the Provincial Level**

**FOR MORE INFORMATION, PLEASE CONTACT TECHNICAL COMMITTEE MEMBER:**

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