



**2024**  
**26<sup>th</sup> ANNUAL SKILLS MANITOBA COMPETITION**  
**APRIL 11, 2024**  
**CONTEST DESCRIPTION**

**CONTEST NAME:** AESTHETICS

**CONTEST NO:** 30

**LEVEL:** INTEGRATED

**NOTE:** maximum of 10 competitors, 2 per school

**CONTEST LOCATION:** Red River College, Notre Dame Campus-North Gym

**CONTEST START TIME AND DURATION:**

Check-in: 7:30 am **Failure to attend orientation will lead to disqualification**

Finish: 1:55 pm

**PURPOSE OF CHALLENGE:**

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance and providing people with a physical and psychological well-being. By general means, the essential part of this work is to treat different parts of the body including specific care to skin care, specific care for the hands, and the application of makeup. All this while demonstrating professionalism and complying with occupational health and safety.

### Aesthetics Criteria

Please review the attached information prior to the competition

Competitors will be judged on the following for all competitions:

Sanitation, ethics, professional dress, attitude, behavior, conduct with model, posture, technique, application, finishing and total look.

### Skills, Knowledge & Tasks

#### **Mini Facial with Lash Treatment:**

The competitor will demonstrate a facial that includes:

- Pre-service, service, post-service
- Examination/analysis of skin (including charting, pg.6)
- Professional products suitable for the model
- Cleansing, toning, serum
- Hot towel application
- Mask application- **must be colored**
- Lash tint
- Moisturizer & eye care
- Product application & removal.

#### **Manicure with Nail Art (permanent polish):**

The competitor will demonstrate a manicure that includes:

- Pre-service, service, post-service
- Competitor will demonstrate a dry manicure which includes nail shaping, cuticle work, and a hand and arm massage. **(natural nails only, no artificial nail extensions)**
- Permanent traditional French gel polish **(must include a white and pink gel polish)** will be applied to *eight* fingers.
- The remaining *two* nails will include France inspired nail art. Nail art must be done freehand using a dotter and/or short detailer (see pg.8) brush and include gems, foil (silver or gold), glitter (silver or gold) and iridescent pigment flakes and at least once. In addition, you may use the primary colored (red, blue or yellow) gel polishes to your nail art.

#### **Evening Make-up with design**

The competitor will demonstrate makeup application:

- Pre-service, service, post-service
- Competitor will demonstrate an evening makeup look with a specific design (see scope pg.6)
- Evening makeup should include foundation, skin correction, highlighter/contour, blush, eyeshadow, mascara, artificial strip lashes, setting powder, lip liner and lipstick. After the checkpoint competitor will complete the specific design
- Posture & professionalism.

**\*\*\*Please note, order of steps is not specific to Skills Manitoba.**

### Mini Facial with Lash Treatment

Time: 8:00-9:50	<b>This component will be valued at 40%</b>
15 minutes	Treatment area and competitor prepared/organized; model greeted and assisted to service area; model assisted onto bed; client consultation and check for contraindications
10 minutes	Cleanse skin: perform skin analysis and record findings (see pg. 6)
10 minutes	Choice of appropriate product and performing of cleansing and toning
5 minutes	Checkpoint
15 minutes	Applies serum, colored mask applied to face and neck
2 minutes	Checkpoint
3 minutes	Client explanation of lash tint procedure; contraindications checked
20 minutes	Applies eye pads, petroleum jelly and applies tinting products; eyelashes covered, and tint product processed for a minimum 10 minutes
5 minutes	Checkpoint
5 minutes	Product removal with water wash and petroleum jelly removed with toner
5 minutes	Checkpoint
5 minutes	Mask removal; applies moisturizer and eye cream
10 minutes	Model exit and post-service clean up

### Manicure with permanent French polish and nail art

Time: 9:50-11:25	<b>This component will be valued at 30%</b>
10 minutes	Treatment area, competitor and model prepared for the service
15 minutes	Nails filed and shaped; cuticle work performed; buffing of nail performed
5 minutes	Checkpoint
25 minutes	Applies primer, basecoat and one coat of pink to the nail plate and two coats of white gel polish to the free edge to eight nails; finishes with topcoat
5 minutes	Checkpoint
20 minutes	Applies France inspired nail design on two fingers (corrections allowed). Finish with topcoat
5 minutes	Checkpoint
10 minutes	Hand and arm massage includes effleurage, petrissage, tapotement and passive joints to be demonstrated
10 minutes	Model exit and post-service cleanup

### Lunch 11:30-12:00 pm

### **Makeup**

Time: 12:00-1:40	<b>This component will be valued at 30%</b>
10 minutes	Set up treatment area with all required evening makeup products, lashes and glue, client white <b>headband</b> and drape
5 minutes	Checkpoint
5 minutes	Model is greeted and prepared for service; skin is cleansed, toned, moisturized, and primed
3 minutes	Checkpoint
2 minutes	Clean/dispose of items used for cleansing
45 minutes	Apply evening makeup and lashes
5 minutes	Checkpoint
10 minutes	Duplicate design provided on page 6
5 minutes	Checkpoint
10 minutes	Model exit and post-service clean up

### **Provincial Competition Schedule**

Location: Red River College Notre  
Dame Campus – North Gym  
April 11th, 2024

**All large equipment may be brought into the competition area  
between 1:00-3:00pm April 10**

<b>Time</b>	<b>Event</b>	<b>Location</b>
7:30-7:45 am	Check in and set up	Competition area
7:45-7:55 am	Orientation	Competition area
8:00-1:45 pm	Competition	Competition area
3:30-4:30 pm	Medal Presentations and Closing Remarks	Notre Dame Campus- South Gym

**Medals are awarded to the gold, silver and bronze winners.**

### **EQUIPMENT, TOOLS, MATERIALS TO BE SUPPLIED BY COMPETITOR:**

- Implement and surface disinfectant and sanitizing tray
- Hand sanitizer, non-latex gloves, facial mask
- Spatulas, stainless steel palette/knife, hand mirror
- Cotton swabs and rounds, tissue, gauze, Gibson towels
- Water pitcher and/or spray bottle
- Small, covered garbage can or plastic sealed bag for trash and tape (to avoid overexposure of chemicals in work area), and a 10 ft. power cord
- Snack for model
- **Copy of all papers** including Contest Description, Test Project, and all Analysis forms
  
- ***Mini Facial with Lash Tint:*** all necessary supplies and linens needed to perform the facial component (such as towels, hot cabbie, face chart, bowls, dispensing cups, mask brush, etc.) supplied by competitor. All necessary supplies to perform the lash component (such as tint, developer, Vaseline, water bowl, Q-tips, cotton rounds, etc.) \* **Facial products to be supplied. Sponsor to be determined**
  
- ***Manicure:*** all necessary supplies, linens and implements needed to perform manicure component (such as towels, disinfection, cuticle nippers, hand cream, etc.) Gel light, gel polishes and associated professional products to apply permanent French polish and nail art supplied by the competitor
  
- ***Makeup:*** all necessary supplies needed for make-up application including accessories (such as headband and cape, makeup brushes, sponges, tweezers, etc.). All makeup (any professional medium) and equipment needed to apply artificial lashes supplied by competitor
  
- ***Equipment:*** All equipment needed to perform each component of the competition (such as facial bed, manicure table and chairs, makeup chair, step stool, etc.) supplied by the competitor

### **WORKSITE SAFETY RULES / REQUIREMENTS:**

- All competitions will take place on live models. Competitors are responsible for supplying their own model and for the well-being of their model
- **Model must meet all component** criteria to ensure compliance with the rules and regulations
- A scrutineer at the start of each competition will examine all models. **No prep work permitted**
- No competitor shall continue to work on his/her model once the competition has ended
- Any infraction or violation of the competition rules will result in point penalties or disqualification
- Model must be dressed in clothing that allows competitor to perform components.

### Client Consultation Form

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Main reason for visit: \_\_\_\_\_

Contraindications: Skin Diseases or Disorders, Medical Conditions, including Pregnancy, Hypertension, use of acne drugs or topical peeling agents

Have you ever had a facial before? If yes, when \_\_\_\_\_

Do you have any skin concerns? \_\_\_\_\_

Do you have any of the following:

Dryness, Redness, Wrinkles, Sun damage, Acne, Blemishes, Oiliness, Peeling, Rough Texture, Pigmentation (dark or light)

Do you have any allergies or allergies to any ingredients? \_\_\_\_\_

Have you recently seen a dermatologist? \_\_\_\_\_

Have you had any recent surgeries, laser procedures, or strong exfoliation treatments? No

Type of treatment: \_\_\_\_\_

When: \_\_\_\_\_

Please list any medications you take: \_\_\_\_\_

Do you have any health issues or skin conditions? \_\_\_\_\_

What facial care products do you currently use? Soap, Toner, Moisturizer, Sunscreen, Masque, Night Cream, Eye Cream, Exfoliant (Scrub or Peel)

### Skin Analysis Chart

Skin Type: Dry Normal Oily Acne Combination

Conditions: \_\_\_\_\_ Facial Area: \_\_\_\_\_

Dehydrated: \_\_\_\_\_

Aging \_\_\_\_\_

Wrinkling \_\_\_\_\_

Sun Damage \_\_\_\_\_

Redness \_\_\_\_\_

Couperose \_\_\_\_\_

Pigmentation: \_\_\_\_\_

Hyper or Hypo: \_\_\_\_\_

Comedones (open or closed) \_\_\_\_\_

Milia \_\_\_\_\_

Hyperkeratinization \_\_\_\_\_

Psoriasis \_\_\_\_\_

Conditions: \_\_\_\_\_ Facial Area: \_\_\_\_\_

Poor Elasticity \_\_\_\_\_

Rosacea \_\_\_\_\_

Sensitivity \_\_\_\_\_

Oiliness \_\_\_\_\_

Acne-Grade 1 2 3 4 \_\_\_\_\_

Cysts \_\_\_\_\_

Papules/Pustules \_\_\_\_\_

Asphyxiated \_\_\_\_\_

Sunburn \_\_\_\_\_

Moles \_\_\_\_\_

Scarring \_\_\_\_\_

Other \_\_\_\_\_

### Skin Care Treatment Record

Notes: \_\_\_\_\_

Products Used: \_\_\_\_\_

Products Recommended: \_\_\_\_\_

**Design to be applied after Evening Makeup application checkpoint**





## **Facials Sponsored by**



**Aurora, Ontario**  
**905.726.7768**

[General Competition Rules](#)



- All competitors will **attend a mandatory orientation** meeting prior to the start of the competition. (7:45-7:55am).

**Failure to attend orientation will lead to disqualification**

- All students **must** wear a black professional uniform with **no** school logo on it **\*no leggings or yoga style pants**. Shoes must be black closed toe



- Competitors who require clarification on instruction during the contest must address their questions to the Provincial Technical Chair or designate
- Competitors are not permitted to talk to persons who are not located within the contest area
- Interpreters will be allowed to access the contest site if previous arrangements have been made with the Provincial Technical Chair or designate
- During the competition competitors may go to the restroom, only after informing a Provincial Technical Chair. Escorts to restroom will be at the discretion of the Provincial Technical Chair or designate
- Competitors must follow workplace safety rules and regulations as outlined during orientation
- Access to each contest site is reserved for the Provincial Technical Chair or designates, judges, competitors, and individuals that have been granted permission from the Provincial Technical Chair or designate
- All competitors shall allow the Skills Manitoba organization to take and publish photos of those individual competitors
- There must be a minimum of five registered competitors. If there are less than five registered competitors, Skills Manitoba delegates will re-evaluate the competition
- No competitor shall begin work until the start time is announced
- Competitors must be a Canadian citizen and reside in Manitoba
- Skills Manitoba will make every effort to accommodate persons with medical conditions or impairments. Please contact the Skills Manitoba office for details.

**Changes will be posted:** Please review the scope on the website regularly and one week prior to the competition date to ensure you are aware of any changes. Additional information or changes will be posted on the Skills Canada Manitoba website if needed. Website: [www.skillsmanitoba.ca](http://www.skillsmanitoba.ca)

Skills Manitoba hosts over 40 Olympic style, industry sponsored competitions representing six sectors. The six sectors contain three different levels, which include secondary, post-secondary, and integrated (secondary and post-secondary combined) For more information regarding programming please contact Lori Royal [lorir@skillscanada.com](mailto:lorir@skillscanada.com)

Skills Manitoba is open to the public. This is a great opportunity for our industry to be viewed as a valuable and interesting career option.

**Note to all Competitors:** Competitors must always demonstrate safety throughout the competition and in the competition area. Competitors must wear safety equipment where applicable. Competitors must show concern for their client/model throughout the competition.

#### **NATIONAL COMPETITION ELIGIBILITY:**

- A mark of **70% or higher** must be scored by the gold medalist in the Aesthetics contest to attend the Skills Canada National Competition.
- There is a national competition for Aesthetics held in Quebec City, Quebec **May 30-31<sup>st</sup>, 2024.**
- **Please refer to the Skills Canada website for age eligibility for the national competition.**

**FOR MORE INFORMATION, PLEASE CONTACT TECHNICAL COMMITTEE MEMBER:**

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