

## Requisition Form - Post-Secondary

The following items will be provided to each competitor:

Unit

Chicken, Whole - 1.5-2kg (1 each)						1		
Eggs, Quail						10		
Produce	Quantity	Unit	Spices - Dry	Quantity	Unit	Dry Goods	Quantity	Unit
Beans, green		g	Bay Leaf		each	Agar Agar		g
Beets, Red		g	Cayenne		g	Baking Powder		g
Blueberries		g	Chile Powder		g	Baking Soda		g
Carrots		g	Cumin		g	Bread Crumb, Italian		g
Celeriac		g	Mustard Powder		g	Bread Crumb, Panko		g
Celery		g	Mustard Seed, yellow		g	Chocolate, Callabaut, Dark, (53.7%)		g
Corn on the Cob		each	Nutmeg		g	Chocolate, Callabaut, Milk, (33.6%)		g
Cucumber		g	Paprika		g	Chocolate, Callabaut, White, (28%)		g
Fennel		g	Peppercorns, black		g	Cocoa Powder		g
Garlic		g	Peppercorn, White		g	Coconut Milk		ml
Ginger		g	Sumac		g	Coffee, Instant		g
Leeks		g	Thyme		g	Condensed milk		ml
Citrus, Lemon		each				Corn Starch		g
Citrus, Lime		each	Dairy	Quantity	Unit	Dry Active Yeast		g
Citrus, Orange		each	Butter		g	Flour - Almond		g
Mushroom, Button (#1)		g	Cheese, Cheddar		g	Flour - AP		g
Mushroom, Oyster		g	Cheese, Goat		g	Flour - Bread		g
Onion, Green		g	Cheese, Parmesan		g	Flour - Cake		g
Onion, Shallot		g	Cream, 35%		ml	Gelatin - Sheets		each
Onion, Yellow		g	Cream, Sour - 14%		ml	Gelatin - Powder		g
Parsnip		g	Milk, 3.25%		ml	Glucose		ml
Pepper, Finger Chilies		g	Yogurt, plain - 2%		ml	Honey		ml
Pepper, Jalapeno		g				Lentils, Beluga		g
Potato, Russet		g	Alcohol	Quantity	Unit	Maple Syrup		ml
Potato, Yukon Gold		g	Wine, Red		ml	Milk Powder		g
Radish		g	Wine, White		ml	Miso Paste		g
Raspberries		g	Brandy, VSOP		ml	Molasses		ml
Spinach - Baby		g	Port		ml	Nuts Whole, Almonds - blanched		g
Squash, Buttercup		g	Rum, Dark		ml	Nuts Whole, Hazelnut		g
Strawberries		g	Pernod		ml	Nuts Whole, Pecans		g
Swiss Chard		g				Nuts Whole, Walnut		g
Tomato, Cherry		g	Herbs - Fresh	Quantity	Unit	Nuts Whole, Pistachio		g
Tomato, Roma		g	Chives		g	Oil, Vegetable		ml
Zucchini		g	Cilantro		g	Oil, Extra Virgin Olive		ml
			Dill		g	Rice, Jasmine		g
			Mint		g	Salt - Kosher, Fine		g
			Parsley		g	Sesame Seeds, White		g
			Rosemary		g	Soy Sauce		ml
			Tarragon		g	Sugar, White		g
			Thyme		g	Sugar, Powdered		g
						Sugar, Brown		g
			Microgreens	Quantity	Unit	Tomato Paste		ml
			Mustard, Green		g	Vanilla, Bean		each
			Radish, Red		g	Vanilla, Extract		ml
			Pea Shoots		g	Vinegar, Apple Cider		ml
						Vinegar, White Wine		ml
			Miscellaneous	Quantity	Unit	Vinegar, Balsamic		ml
			Cheese Cloth, 30 cm		each	Vinegar, Red Wine		ml
			Bamboo Skewers, 6"		each	White Bread, sliced		each
			Smoking Chips		g	Worcestershire Sauce		ml