



2020 23rd ANNUAL SKILLS MANITOBA COMPETITION CONTEST DESCRIPTION

CONTEST NAME: AESTHETICS

CONTEST NO: 30

LEVEL: INTEGRATED

NOTE: 2 competitors per school

CONTEST LOCATION: Red River College – North Gym - Notre Dame Campus

CONTEST START TIME AND DURATION:

6.5 hours

8:00 am – 2:30 pm

PURPOSE OF CHALLENGE:

Students will have the opportunity to perform/display Skin Care Technology skills while paying special attention to the skin on the face and body, specific care for the hands and feet, and the application of makeup, while demonstrating professionalism and sanitation, which includes organized daily cleaning and tidying of all product and equipment. Student will demonstrate Skin Care Skills while they view the work of peers, experience competition and create awareness of the industry.

Criteria

Aesthetics

Competitors will be judged on the following for all competitions:

Pre-service, service and post-service sanitation, ethics and professional dress, professional attitude and behavior, conduct with model, technique, application, finishing and total look.

Facial (No machines):

Competitors will be judged on the following:

- Pre- service, service, post-service
- Examination/analysis of skin (including charting)
- Choice of products, including:
- Eye make-up and lipstick removal
- Cleansing
- Toning
- Exfoliation
- Massage
- Colored Mask (not clear)
- Serums
- Moisturizer
- Eye Care
- Product application
- Product removal
- Professionalism

Manicure with Nail Art

Competitors will be judged on the following:

- Pre service, service, post-service
- Product application
- Posture
- Professionalism
- Manicure procedure- the following components must be demonstrated:
- Nail shaping
- Cuticle work
- Hand Exfoliation
- Massage
- Gel polish with Nail art design (See Scopes)

*****Please note, order of steps is not specific to Skills Manitoba.
Products purchased from Pro beauty will only be allowed.**

Bridal Make-up

Competitors will be judged on the following:

- Skin preparation
- Harmony, balance, contrast, application techniques, color choices suitable to model
- Blending

Competition	Time
Part 1: Facial	8:00am -10:00am (including sanitation)
Set up for make-up	10:00am -10:15am
Part 2: Bridal Make-up	10:15am-11:45am (including sanitation)
Lunch	12:00– 12:30pm set up for manicure
Set up for Manicure with Gel polish	During lunch
Part 3: Manicure with Nail Art	12:30-2:00

Part 1: (8:00 a.m. – 10:00 a.m.) The competitor will demonstrate a **facial**, which meet specific skin needs. Skin must be analyzed and charted. Facial care provided, hand massage will be done when the treatment masque is applied. Judges will consider pre-services, service and post service sanitation and organization. **Models must wear mascara and red lipstick**

Part 2: 10:15 a.m. – 11:30 a.m.) The competitor will apply a **Bridal Make-up** with red lipstick. Your bridal look must replicate the 8x10 vision image that they have chosen. This image will be displayed during the competition. Competitors will be marked on morphology, harmony and corrective work. The make-up must be appropriate for Bridal and ensure overall harmony. Models are to wear a white attire that compliments the bridal make-up. Judges will consider pre-service, service and post-service sanitation and organization. Bridal accessories will be added to the final look.

Part 3: (12:30 p.m. - 2:00 p.m.) The competitor will demonstrate a full **Manicure, with Gel Nail Art**. The polish and nail art are done using LCN gel polish, must be free hand using only the nail art brush. Exfoliation of the hand and forearm, massage, red polish removal of product, Judges will consider pre-service, service and post-service sanitation and organization. **See scopes for step by step instructions. Competitors must bring the product for the gel manicure from the Pro Beauty list below.**

Below are examples of the closed toed shoes, socks and uniform to be provided by the competitor



SKILLS AND KNOWLEDGE TO BE TESTED WITH POINT BREAKDOWN: POINT BREAKDOWN / 100% TOTAL:

Aesthetics	Points
Facial	/400
Bridal Make-up	/300
Manicure with Gel polish	/300
Total	/1000

Facial product will be provided by France Laure

For the competition day the students will receive samples of the product in small packages the only pro size will be the make-up remover. To review the product line, check out the link below Skin analysis chart will be provided by France Laure.

<https://www.dropbox.com/s/qun1winfe13nk9w/france%20laure%20product%20lesson%20book.pdf?dl=0>

France Laure Kit

Skills Manitoba 2020 Esthetics Skin Care Competition

BALANCE Size PRO Qty

Sebo-Control Cream Mask 175g 35.90 \$ 1

NOURISH Size PRO Qty

Repairing Cream (massage cream) 175g 46.15 \$ 1

CALM Size PRO Qty

Cleansing Milk 500ml 25.65 \$ 1

Perfecting Toner 500ml 25.65 \$ 1

Repairing Cream (moisturizer) 50g 23.65 \$ 1

Aqueous Concentrate 12x2.5ml 41.00 \$ 1

ILLUMINATE Size Qty

Almond Grain Exfoliant 200g 23.45 \$ 1

REMODEL Size Qty

Enhancing Eye & Lip Cream 15g 23.65 \$ 1

Eye & Lip Make-Up Remover Gel 50g 11.50 \$ 1

RÉVOLUSOLAIRE Size Qty

Day-to-Day 30 Environmental Protection 200ml 20.70 \$ 1

Sub Total including 25% Student Discount 277.30 \$

* Taxes and Shipping calculated at time of order

FRANCE LAURE *Student Practice Kit*

To order the Student Practice Kit please contact Ramona Boeve 204-583-6420 ramona.boeve@hotmail.ca

Manicure with Nail Art Component



2020 Skills Canada LCN Manicure Competition Kit

SKU	PRODUCT	SIZE	PROFESSIONAL COST
1002-60215	Peeling Cream	50 ml	9.95
2004-30710	Zebra Surfboard File 100/180	6 pack	15.00
1003-43265	Nail Oil	8 ml	5.70
1005-30020	Nail Polish Remover	100 ml	4.95
1005-91181	Cleaner, Mango	100 ml	12.00
2002-06731100	Orangewood Sticks	50 pk	4.75
1003-90220	Rich Avocado Cuticle Softener	8 ml	8.97
1002-65043	Hand Cream	3 ml x 3	4.50
2002-20081	Nail Art Brush - Filmy		8.50
1001-21294	Recolution 2&1 Bond & Seal	10 ml	25.00
1001-21403-NA8	Recolution Advanced, Black	10ml	16.95
1001-21403-577	Recolution Advanced, Creamy Café au Lait	10ml	16.95
Subtotal			133.22
Provincial Discount			25%
Discounted Subtotal			\$99.92
GST			\$5.00
Total Per Kit			\$104.92
Shipping courtesy of PROBEAUTY Group Inc. and LCN Canada			

To order your event kits, please fill in the information below and email to orders@pro-beauty.com. You will receive an order confirmation within two business days. If you have any inquiries, please call 1-800-557-3223 ext. 111.

Provincial Competition City & Date	
Contact Person	
Phone Number	
Email Address	
Shipping Address	
	Postal Code:
Quantity of Kits Required	

Competitors can only use the nail supplies from the manicure competition kit they purchased from Pro Beauty

EQUIPMENT, TOOLS, MATERIALS TO BE SUPPLIED BY COMPETITOR:

- All necessary supplies, and linens needed to perform the **facial** component. Ex) facial bowls, mask brush....
- Face chart, writing utensil, clipboard
- Hot cabbie
- All necessary supplies, linens and implements needed to perform manicure component. Ex) towels, manicure bowl, cuticle nippers...
- Sanitizing tray and Implement disinfectant
- All necessary supplies needed for make-up application including accessories. Ex) makeup brushes, sponges, tweezers, **False Eyelashes, and adhesive**
- Natural emery board
- Spatulas
- Stainless Steel Palette
- Stainless Steel Knife
- Hand mirror
- Cotton swabs
- Tissue
- Hand sanitizing gel
- Spray Alcohol
- Large Water pitcher x 2
- Water or spray bottle
- Gel Light
- Nail wipes
- Small covered garbage can or plastic zip lock bag for trash and tape (to avoid overexposure of chemicals in work area)
- Extension cord
- Snack for model

- **All Makeup supplied by the competitor (No sponsor this Year) only professional make-up products can be used.**
- **All Equipment needed to perform each component of the competition Ex) Facial bed, makeup chair...etc.**
- **Decals, polish with built in striper brush, corrector pens, guideline tape, or any other tools will not be allowed.**

WORKSITE SAFETY RULES / REQUIREMENTS:

- All competitions will take place on live models. Contestants are responsible for supplying their own model and the wellbeing of their model.
*** Model must meet all component criteria
- To ensure compliance with the rules and regulations
- A scrutineer at the start of each competition will examine all models. **No prep work permitted.**
- No competitor shall continue to work on his/her model once the competition has ended.
- Any infraction of violation of the competition rules will result in point penalties or disqualification.
- **Models must be dressed in white attire for the bridal makeup component**

Provincial Competition Schedule

Location: Red River College
Notre Dame Campus – North Gym
April 9, 2020

Time	Event	Location
7:30a.m.-7:45a.m.	Check in and set-up	Competition area
7:45a.m. – 7:55a.m.	Orientation	Competition area
8:00 a.m. – 2:30 p.m.	Competition contests	Competition area
3:30 p.m. – 4:30 p.m.	Medal Presentations and closing remarks	Notre Dame Campus (South Gym)

All large equipment may be brought into the competition area on April 8, 2020 between 1:00 and 3:00 p.m.

Note to all Competitors: Competitors must demonstrate safety at all times throughout the competition and in the competition area. Competitors must wear safety equipment where applicable. Competitors must show concern for their client/model throughout the competition.

Changes will be posted: Please review the scopes on the website regularly and one week prior to the competition date to ensure you are aware of any changes.

General Competition Rules

- All competitors will **attend a mandatory orientation** meeting prior to the start of the competition. (7:45a.m. –7:55 a.m.)
Failure to attend orientation will lead to disqualification
- All students **must** wear a professional uniform with **no** school logo on it.
Example 1) Esthetics white/black lab coat with black dress pants.
Example 2) Scrub top and scrub pants
***Shoes must be closed toe
- Competitors who require clarification on instruction during the contest must address their questions to a Provincial Technical Chair or designate.
(Roxanne Kroeker, Lucie Laurin)

- Competitors are not permitted to talk to persons who are not located within the contest area.
- During the competition, competitors are allowed to go to the restrooms, only after informing a PTC chair. Escorts to restroom will be at the discretion of the Provincial Technical Chair or designate.
- Interpreters will be allowed to access the contest site if previous arrangements have been made with the Provincial Technical Chair of designate.
- Competitors must follow workplace safety rules and regulations as outlined during orientation.
- Access to each contest site is reserved for the Provincial Technical chair or designates, judges, competitors, and individuals that have been granted permission from the Provincial Technical chair or designate.
- All competitors shall allow the Skills Manitoba organization to take and publish photos of those individual competitors.
- There must be a minimum of five (5) registered competitors for each category. If there are less than four registered competitors, Skills Manitoba delegates will re-evaluate the competition.
- No competitor shall begin work until the start time is announced.
- Competitors must be a Canadian citizen and reside in Manitoba.
- Skills Manitoba will make every effort to accommodate contests with special needs. Please contact the Skills Manitoba office for details.

The Aesthetics and Nail Technology Skills Manitoba Committee would like to take this opportunity to thank you for showcasing the Esthetics industry by participating in the Skills Manitoba Competition.

Skills Manitoba hosts over 40 Olympic style, industry sponsored, contests representing 6 sectors (Aesthetics and Nail Technology fall under the service sector) at three different levels which include secondary, post-secondary, and integrated (secondary and post-secondary combined).

Medals are awarded to the gold, silver and bronze winners.

Gold medal winner represents Team Manitoba in the Skills Canada National Competition

Skills Manitoba is open to the public. This is a great opportunity for our industry to be viewed as a valuable and interesting career option.

Your participation will prove to be valuable to you, your students and your school.

Please review the attached information prior to the competition. Additional information or changes will be posted on the Skills Canada Manitoba website if needed.

Website: www.skillsmanitoba.ca E-mail:
lorir@skillscanada.com

NATIONAL COMPETITION ELIGIBILITY:

- A mark of **70% or higher** must be scored by the gold medalist in the Aesthetics contest in order to attend the Skills Canada National Competition.
- **There is a National competition for Aesthetics held in Vancouver British Columbia May 28-29, 2020**
- **Please refer to the Skills Canada website for age eligibility for the national competition**
- **Selection year for WorldSkills Team Canada 2021 to compete at the WorldSkills Competition being held in Shanghai, China**

FOR MORE INFORMATION PLEASE CONTACT TECHNICAL COMMITTEE MEMBERS:

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Steinbach Manitoba
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**SKILLS
CANADA
2020**



Nail Art Design

NAIL ART: STEP BY STEP

NAIL ART Skills 2020

Step 1

- Prepare natural nail: cuticle prep, filing and cleansing.
- Apply Recolution Advanced 2 in 1 Bond and Seal
- Cure in LED light for appropriate curing time





Step 2

- Apply Recolution Advanced #577 Creamy café Au Lait to nail
- Apply 2nd coat of Recolution Advanced #577 Creamy café Au Lait to nail
- Cure in LED light for appropriate curing time



***TIP* IT IS RECOMMENDED TO FULLY CURE GEL POLISH IN BETWEEN STEPS SO YOU CAN WIPE OFF A LINE IF NECESSARY, WITHOUT LODGING PREVIOUS WORK.**

Step 3

- Using the LCN art brush, draw a horizontal line in the middle of the thumb nail with Advanced #NA8 Black
- Cure in LED light



Step 4

- Using the LCN art brush or gel polish brush, draw a vertical line covering 25 % of the nail of the index and pinky fingers with Resolutions Advanced #NA8 Black
- Cure in LED light



Step 5

- Using the LCN art brush or gel polish brush, draw a horizontal line covering 1/3 of the cuticle area of nail on middle finger with Recolution Advanced #NA8 Black
- Flash Cure in LED light
- Using the LCN art brush or gel polish brush, draw a horizontal line covering 1/3 in middle of nail on the middle finger with Recolution Advanced #NA8 Black
- Flash Cure in LED light
- Using the LCN art brush or gel polish brush, draw a horizontal line covering 1/3 of the free edge of the nail on middle finger with Recolution Advanced #NA8 BLACK
- Cure in LED light

MUST HAVE EQUAL SPACES BETWEEN LINES



Step 6

-Using the LCN art brush or gel polish brush, draw a 45-degree line covering half the nail from free edge of the ring finger with Recolution Advanced #NA8 Black
- Leave a thick line between the 2 lines

-Using the LCN art brush or gel polish brush draw a 45-degree line covering 1/3 of the nail from cuticle are of the ring finger with Recolution Advanced #NA8 Black



Step 7

-Seal and gloss nails with Recolution Advanced 2 in 1 Bond and Seal
-Cure in LED light for appropriate FINAL curing time.



Mini Facial Treatment

Time allotted: 2 hours Model: Female

Maximum mark: 400

Starting time: 8:00-10:00

Time	Task	Skill Checklist
5 minutes Pre-services	Pre-services	Treatment area and competitor is prepared and organized.
10 minutes	Installation of model. Preliminary skin analysis	Model is greeted and prepared for the service. Models hair is protected Client consultation and tactile skin analysis is performed.- Eye and Lip makeup removed leaving no residue
5 minutes	Check Point – Break for judging. Checking model preparation.	Check Point – Break for judging. Checking model preparation.
10 minutes	Cleansing steps and skin analysis performed.	Cleansing application performed followed by skin analysis , record findings on provided skin analysis forms.
5 minutes	Check Point – Break for judging. Judges to review analysis forms and compare findings to models' skin.	Check Point – Break for judging. Judges to review analysis forms and compare findings to models' skin.
10 minutes	Exfoliation performed	Procedure is performed according to plan, must include

		the following: face, neck decollete. Removal of exfoliant.
5 minutes	Check Point – Break for judging	Check Point – Break for judging
25 minutes	Massage Mask Application Mask Removal	Massage of décolleté, shoulders and upper arms. Movements must demonstrate effleurage, tapotement, and petrissage for a minimum of 15 minutes . Application of a colored mask to face neck to the collar bone Mask must be left on for 5 minutes Complete removal of mask
5 minutes	Checkpoint Judges to check correct application of mask.	Checkpoint Judges to check correct application of mask.
10 minutes	Application of finishing products.	Tone the skin apply eye cream, moisturizer . Order of treatment may vary but be in logical sequence. Individual application of each

		product must be demonstrated.
15 minutes	Model exit and post service clean up	Assist model to waiting area Set up for makeup and preliminary cleanup of facial station

Bridal make-up

Time allotted: 1 hours Model: Female

Maximum mark: 300

Starting time: 10:15-11:15 (1 hour)

Time	Task	Skill Checklist
45 minutes	Bridal Make-up	Bridal make-up must include, foundation, skin correction, highlight, contour, blush, eyeshadow, eyeliner, mascara, lip liner, red lipstick and false eyelashes
5 minutes	checkpoint Judges to check application	checkpoint Judges to check application
5 minutes	Apply bridal accessories	Overall look, check point
5 minutes	Model exit and post service clean up	Assist model to change room to collect their belongings, and exit Full makeup and facial station post clean up

Manicure with Nail Art

Time allotted: hours Model: Female

Maximum mark: 300

Starting time: 11:45-2:00

5 min	Pre-service and model installation	Treatment area prepared Model prepared for service
10 minutes	Remove polish	Red polish removed from all 10 fingers without staining the skin of the model or competitor. (if the competitor is wearing gloves they should also not be stained, and must be left on for judging)
5 minutes	Check Point – Break for judging	Check Point – Break for judging
30 minutes	Dry manicure, application, filing, cuticle work, buffing and prep Exfoliation of hands only Preparation for gel polish application	Nails filed, shaped. Cuticle work performed Nails are buffed, not shine on nail bed. Exfoliation of hands, taken off with hot towels Nails are clean, dehydrated and prepared for gel polish application

10 minutes	Check point- Break for judging	Check point- Break for judging
45 minutes	Polish and nail art	Gel base coat application to all 10 fingers Apply Two coats of gel polish (no tools can be used to help aid in clean up) Nail art performed on all 10 fingers following the exact steps as pictured on the website. Gel topcoat application on all ten fingers. No oil can be applied.
10 minutes	Check Point – Break for judging	Check Point – Break for judging
5 minutes	Hand Massage	Massage performed on the hands only. Massage to demonstrate classical movement. Effleurage, Petrissage, tapotement and passive joint movements must be demonstrated. Excessive products removed from models

		hands using a dry towel or gauze.
5 minutes	Check Point – Break for judging	Check Point – Break for judging
5 minutes	Clean up	Sanitation
5 minutes	Final Check point	

Thank you To our Sponsor

